

Squamish 55+ Community Society

May 2024



Vice President's Message

New Name – Same Society

General Meeting

Garden Plot

Spring Fling Pizza Party

Emergency Preparedness

CDCP Update

Upcoming Events

Member Comments

*"It's important to have a
twinkle in your wrinkle" -
Unknown*

Newsletter

Vice President's Message

Welcome to May. I trust you are enjoying the warmer weather and the opportunity to enjoy the days gardening, walking or simply relaxing in the sun.

Gardening... speaking of which, the District has offered a garden plot to the Society for our use. D'Arcy McCrea has volunteered to lead any members who would like an opportunity to learn about gardening. See below for contact details if you would like to be involved.

Our Spring Fling Pizza Party was a great success thanks to Nan and the crew of volunteers who worked to put it together. Please provide feedback on this or other events so we can ensure our Society is successful at meeting the wishes of all members. Stay tuned for the barbecue on June 21 – tickets on sale soon. Keep an eye out for the poster or check our website under News & Events.

Our society is always looking to improve and meet the interests and needs of members. All activities rely on member involvement, so please join in and help. If you are new to Squamish, have special skills you would like to offer or just want to make us better, please contact us and lend a hand - we need your help.

Plan to attend our next General Meeting June 26. The meeting will begin with an education program on trails. That's it for the business.

We wish you good health and continued enjoyment of this beautiful Squamish environment.

Ross Dickson
Vice President

New Name – Same Society

We have started the transition to our new name now that we have officially changed it from Squamish Seniors Centre Society to **Squamish 55+ Community Society**. We are in the final stages of designing our new member cards and stationery, and work continues on building our new website.

Members Only
General Meeting
June 26
10:15 – 1:00
55 Activity Centre



General Meeting

Mark your calendars! **June 26** will be our next General Meeting. The Board will provide an update for the period between February and June and there will be time for you to ask questions, offer suggestions and make your voice heard. We now have our own microphone system and projector. Our Education Committee has lined up a special guest speaker and the Social Committee will provide refreshments and goodies. If you have any specific questions or suggestions, please let us know before the meeting so that we can prepare. You can send an email to info@squamishseniorscentre.com.

Garden Plot

We have had a couple of members step up as project leads for the garden plot that the District has provided. If you are interested in learning about gardening or just want to help out, please contact D'Arcy McCrea at dmccrea@gmail.com or (587) 969.1171.

Spring Fling Pizza Party

Our Spring Fling Pizza Party was a great success. Once again, our Social committee were in gran forma (fine form), serving delicious pizza and ensuring our guests were feeling essere pieno come un uovo (to feel full)!

While listening to Italian themed music, members relaxed, ate and laughed while enjoying guon cibo, buon gazzosa, buon amici (good food, good soda pop, good friends)!



Education Forum – Emergency Program

Our Education committee hosted a forum for Emergency Preparedness. Staff from the District of Squamish Emergency Program gave a presentation on how to be Fire Smart, and prepare yourself and your home for all kinds of emergencies – like earthquakes, tsunamis, floods and wildfires. They talked about creating a "Grab n' GO Bag" in the event of an emergency evacuation; how to make an indoor DIY air filter to

reduce particulates from wildfire smoke entering your home; and offered helpful hints on landscaping your yard to make your property more wildfire resilient.

Visit the District's website to learn about the [Sqaumish Emergency Program](#). Visit the BC Provincial website, [PreparedBC](#), to obtain information, emergency guides and other resources.

Here is the link for your [DIY Air Cleaners | BC Lung Foundation](#) which provides how-to instructions, shopping lists (about \$80 to make) and instructional videos.



Canadian Dental Care Plan

After Patrick Weiler's presentation about the new CDCP, one of our members did some research to identify dentists in our community who have registered with the federal program. After calling the offices of local dentists, she found only one clinic (Parkside) had registered; however, they are not yet offering the services under CDCP. Apparently, the BC Dental Association has recommended that dentists wait until certain changes have been made to the program. Here is a link to help you find a Canadian Dental Care Plan provider [CDCP Provider](#). A big **thank you** to **Corinne** for taking the time to do this and share the information with us!

Upcoming Events

Summer BBQ Party. Come celebrate the summer solstice with us on **June 21** from **5:00 pm to 8:30 pm** at the 55 Activity Centre. Bring a salad or dessert to share and enjoy hamburgers and hotdogs, along with all the trimmings.

Tickets are **\$10** for **members** and will be on sale from **10:00 am to 12:00 pm June 11, 12 & 13** at the 55 Activity Centre. **Non-members** can register to be placed on a waitlist. Those on the waitlist will be contacted June 14 if tickets are still available – **\$15 non-member**.



Discounts

Squamish locals receive a **15% community discount** at the **Squamish Adventure Centre Gift Shop**. Drop by any **Tuesday** between 8:30 and 4:30 and take advantage of a 15% discount on everything from outdoor gear to souvenirs (some items are excluded – jewelry, books, art prints, games, and local honey). Be sure to bring ID showing your local address.

Member Comments

We recently received an email from one of our members, who said, *“Well done! Kudo's to all of you who have done so much for the Society”*.

We just want to say **thank you Sharon** for your kind words, and we will continue to do our best for the membership!

Please feel free to reach out any time with ideas, suggestions, questions, or comments by sending an email to info@squamishseniorscentre.com.